

Understanding corridor and escalation area care in 165 UK emergency departments: a multicentre cross-sectional snapshot study

Trainee Emergency Research Network (TERN)

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ABSTRACT

Introduction Emergency department (ED) crowding is an international concern. It results in care being delivered in non-standard treatment spaces including corridors, termed escalation areas in the UK. Limited data suggest their use is widespread. This study aimed to establish the prevalence of UK escalation area use at a national level.

Methods A prospective cross-sectional point prevalence study was carried out in 165 UK EDs over five snapshots in March 2025 selected to represent a range of expected ED activity. The primary outcome was the proportion of patients receiving care in escalation areas. Secondary outcomes were the number of patients awaiting an inpatient bed, ED occupancy and resuscitation capacity. The presence of paediatric patients and those with mental health presentations in escalation areas is also reported.

Results Across the five snapshots, 17.7% (n=10 042) of ED patients were receiving care in escalation areas. At each snapshot there were more patients awaiting an inpatient bed than patients in escalation areas. The percentage of escalation area patients in non-clinical areas such as corridors ranged from 54.5% to 61.1%. ED occupancy (patients per cubicle space) ranged from 1.0 (IQR 0.7–1.4) to 2.4 (IQR 1.8–3.1). There was no available resuscitation cubicle at 10.5% (n=17/162) to 26.2% (n=43/164) of sites. Paediatric and mental health patients were receiving care in escalation areas across all time points.

Conclusion Almost one in five ED patients was experiencing escalation area care during the five snapshots. National guidance states escalation area use is not acceptable; this research demonstrates it is routine. This study supports the hypothesis that, to address ED escalation area care, the focus should be on facilitating the flow of patients who require an inpatient bed out of the ED. Further research should consider the effect of escalation area care on patient level outcomes and the effectiveness of interventions to reduce ED crowding.

INTRODUCTION

Emergency department (ED) crowding is one of the biggest challenges to the delivery of safe and high-quality emergency care internationally.^{1,2} It occurs when demand exceeds available resources across the health and social care system. Lack of access to inpatient beds impedes the flow of patients through EDs resulting in ‘exit block’ and high numbers of patients awaiting an inpatient bed, often referred to as patients with a ‘decision to admit’ in the UK

WHAT IS ALREADY KNOWN ON THIS TOPIC

- ⇒ Care in crowded emergency departments (EDs) is delivered in areas not originally designed for this use, known as escalation areas, including hospital corridors.
- ⇒ Escalation area care is known to put patient safety at risk, create substandard and undignified patient experiences and is postulated as a reason for increased mortality among patients who have long ED waits.
- ⇒ In the UK escalation area care is reported to be widespread, but there is no high-quality evidence describing its prevalence.
- ⇒ This study aimed to report the point prevalence of escalation area care on a national scale.

WHAT THIS STUDY ADDS

- ⇒ This study shows that, at any single point in time, almost one-fifth of all ED patients were being cared for in escalation areas; and the substantial majority of EDs are using escalation area care.
- ⇒ At all time points, the number of patients in EDs awaiting an inpatient bed outnumbered the number of patients in escalation areas or corridors.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

- ⇒ Health policy experts should prioritise a system-wide approach to improving hospital flow in order to address the routine use of escalation area care within EDs.
- ⇒ Further research should explore the effect of escalation area care on patient level outcomes and the effectiveness of interventions to reduce ED crowding and mitigate its harms.

and ‘ED boarders’ in other international healthcare systems.^{3,4}

Crowding results in pre-hospital care providers queuing to hand over patients. It also results in care delivered by ED staff in spaces not originally designed for this purpose. These spaces include non-clinical areas, such as waiting rooms and hospital corridors, and repurposed clinical areas. Standard ED cubicles may also be ‘doubled up’, with multiple patients being cared for in a cubicle designed to be single occupancy.



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NHS England guidance published in 2024 uses the term 'temporary escalation spaces' to refer to spaces that are not considered standard ED treatment areas and used during times of overcrowding.⁵ It states that their use is 'not acceptable and should not be considered as standard', and that children and patients with mental health presentations should never be cared for in these areas. Escalation in this context refers to healthcare organisations implementing measures to respond to substantial operational pressures. The term 'escalation area' is commonly employed in UK EDs to denote areas used when capacity is exceeded and is used throughout this study. There is currently no consensus definition as to what comprises an escalation area. The use of escalation areas, particularly non-clinical spaces such as corridors, contradicts the NHS constitution which states that patients 'have the right to be cared for in a clean, safe, secure and suitable environment'.⁶

Hospital level surveys with variable methodology from 21 hospitals in Scotland and 15 hospitals in Wales suggest escalation area use is routine and widespread, but the UK-wide picture has not been established.⁷⁻⁹ A Royal College of Nursing survey published in 2025 considering corridor care with 5408 respondents described the negative impact on the quality and safety of patient care and the detrimental effect on the morale and well-being of staff working in these settings.¹⁰ Long waits in EDs and crowding are associated with increased mortality, although the mechanism for this link has not been established, escalation area care may be contributory.^{11,12}

The UNCORKED study (Understanding escalation area and Corridor care in UK Emergency Departments) aimed to understand what proportion of ED patients receive care in escalation areas using a cross-sectional point prevalence snapshot study.

METHODS

Design and setting

This was a prospective multicentre observational study led by the Royal College of Emergency Medicine's (RCEM) Trainee Emergency Research Network (TERN) between 3 March

and 16 March 2025. The study had two stages: stage 1 was a cross-sectional point prevalence snapshot study reporting the proportion of patients in escalation areas, and stage 2 was an observational cohort study considering patient level outcomes involving eligible participants identified during the snapshots. To facilitate timely presentation of data and an up-to-date understanding of the state of the emergency care system, the results of the stage 2 study will be published separately.

Participating sites

All UK type 1 EDs (those providing consultant-led, 24-hour services with full resuscitation facilities) were eligible to participate. Based on routinely reported emergency care activity data, there were approximately 228 such EDs in the UK during the study period.¹³⁻¹⁶ Sites were identified and enrolled via the TERN membership and engaging with National Institute of Health Research (NIHR) regional research delivery networks. EDs that treat adult patients only, paediatric patients only, or both were eligible.

Outcomes

The primary outcome was the proportion of patients (of the overall number in all areas of the ED) present in an escalation area during each snapshot. Differences in primary outcome were considered by prespecified factors: snapshot, geographical region, ED status by age groups served (adult, paediatric or both) and trauma-receiving designation (Major Trauma Centre, Trauma Unit and Local Emergency Hospital). Secondary outcomes were the number of patients awaiting an inpatient bed, ED occupancy and resuscitation cubicle availability. ED occupancy is reported as the total number of patients in the ED divided by the number of cubicles. The number of sites with EDs with paediatric and mental health patients experiencing escalation area care is also reported.

Data collection

Data were collected at five predetermined 'snapshots' over a 14-day period. Local study teams uploaded data to REDCap, an electronic data capture tool, in a predefined case report form.¹⁷ Snapshots were chosen to align with published data on ED attendances and give a representative spread of ED patient volumes across the time of day and day of the week.¹⁸ A minimum interval of 48 hours was maintained between snapshots to reduce the likelihood of including the same patient across multiple snapshots during a single ED presentation.

The dates and times for each snapshot were:

1. 12:00 on Monday March 2025
2. 07:00 on Thursday 6 March 2025
3. 16:00 on Saturday 8 March 2025
4. 19:00 on Monday 10 March 2025
5. 23:59 on Wednesday 12 March 2025

Local teams prospectively used electronic health records, department management systems and real-time in-department observations to record the number of patients in each area of the ED and in escalation areas including queuing ambulances. The number of patients awaiting an inpatient bed, the number of cubicles or chair spaces in each ED (stratified by resuscitation room and non-resuscitation room status), whether there were paediatric patients (<16 years of age) and patients with a mental health presentation in escalation areas, and resuscitation cubicle availability were also prospectively collected. A full list of data collection items is available in online supplemental material.

Escalation area definition

There is no universally agreed definition for an escalation area in the UK. The study team provided the following definition to sites: 'any area not routinely used unless the capacity of the usual ED geographical footprint is exceeded'. Sites were then asked to assign each escalation area to one of the following categories:

- ▶ An ambulance queueing to offload for >15 min
- ▶ A repurposed clinical area
- ▶ A non-clinical area such as a hospital corridor or waiting room
- ▶ A doubled-up cubicle

Only areas under the care of the ED team were included, apart from queueing ambulances and prehospital cohort areas (where prehospital providers care for patients within the ED while awaiting handover). Sites recorded whether each escalation area was inside or outside the ED (eg, an adjoining outpatient clinic). Patients in the waiting room were only considered to be in an escalation area if there was easily observable objective evidence that they would be moved to a standard ED cubicle if one were available (eg, actively receiving IV infusions, supplemental oxygen, nebulisers and/or awaiting an inpatient bed). The central study team liaised with local teams during site engagement sessions prior to data collection to assist in identifying and categorising relevant areas and to maximise consistency between sites.

Statistical methods and analysis

The characteristics of participating sites are reported as the number and percentage of total sites. When the total number of patients in the ED is reported (and proportions thereof), this includes patients in minors areas and the waiting room. The number and proportion of patients present in escalation areas are reported for each snapshot and across all snapshots. The percentage of patients in escalation areas across sites is reported as medians with IQR. Missing data are indicated in the results, and sites reporting inconsistent numbers between the total number in escalation areas and those in specific sub-areas were considered missing. Inconsistencies in the description of ED characteristics (such as trauma status) between snapshots were resolved by acceptance of the most commonly reported characteristics.

Registry

The study was prospectively registered at the ISCTRN (ref: ISRCTN16396025).

RESULTS

In total, 165 EDs (approximately 72.4% of type 1 EDs in the UK) reported data to the study. The characteristics of these EDs are shown in **table 1**. The number of EDs submitting data at each snapshot ranged from 160 to 164 (97.0–99.4%) (**table 2**).

Escalation area care

The total number of patients in escalation areas across all five snapshots was 10 042, which represented 17.7% of all

Table 2 Number and proportion of sites using escalation areas and patients in escalation areas

Characteristic	Snapshot				
	1: Monday 3 March 12:00	2: Thursday 6 March 07:00	3: Saturday 8 March 16:00	4: Monday 10 March 19:00	5: Wednesday 12 March 23:59
Number of sites	n	164	162	160	164
Total number of patients in the ED	n	12 051	7056	10 967	15 933
Missing	0	0	0	0	1
Median number of patients in each ED	Median (IQR)	69 (50–98)	41 (25–61)	69 (48–90)	95 (66–126)
Missing	0	0	0	0	1
Number of sites using escalation areas	n (%)	127/164 (77.4%)	113/162 (69.8%)	132/160 (82.5%)	147/164 (89.6%)
Missing	0	0	0	0	1
Total number of patients in escalation areas	n (%)	1866/12 051 (15.5%)	1486/7056 (21.1%)	1705/10 967 (15.5%)	2919/15 933 (18.3%)
Missing	0	0	0	0	1
Median number of patients in escalation areas in each ED	Median (IQR)	7 (1–17)	4 (0–15)	7 (1–16)	15 (5–24)
Missing	0	0	0	0	1
Median percentage of patients in escalation areas	Median (IQR)	10.3 (1.6–21.9)	11.4 (0.0–27.2)	9.8 (2.9–21.5)	14.6 (7.0–24.0)
Missing	0	0	0	0	1
Total number of patients awaiting an inpatient bed	n (%)	3527/11 943 (29.5%)	3135/7056 (44.4%)	2936/10 931 (26.9%)	3837/15 345 (25.0%)
Missing	1	0	1	4	2
Median number of patients awaiting an inpatient bed in each ED	Median (IQR)	18 (10–32)	17 (7–28)	15 (8–27)	23 (14–31)
Missing	1	0	1	4	2
Resuscitation cubicle availability and ED occupancy					
Number of sites with no available resuscitation cubicle	n (%)	29/164 (17.7%)	17/162 (10.5%)	27/160 (16.9%)	43/164 (26.2%)
Missing	0	0	0	0	0
Total number of patients per ED cubicle	Median (IQR)	1.9 (1.3–2.4)	1.0 (0.7–1.4)	1.6 (1.3–2.2)	2.4 (1.8–3.1)
Missing	0	0	0	0	1

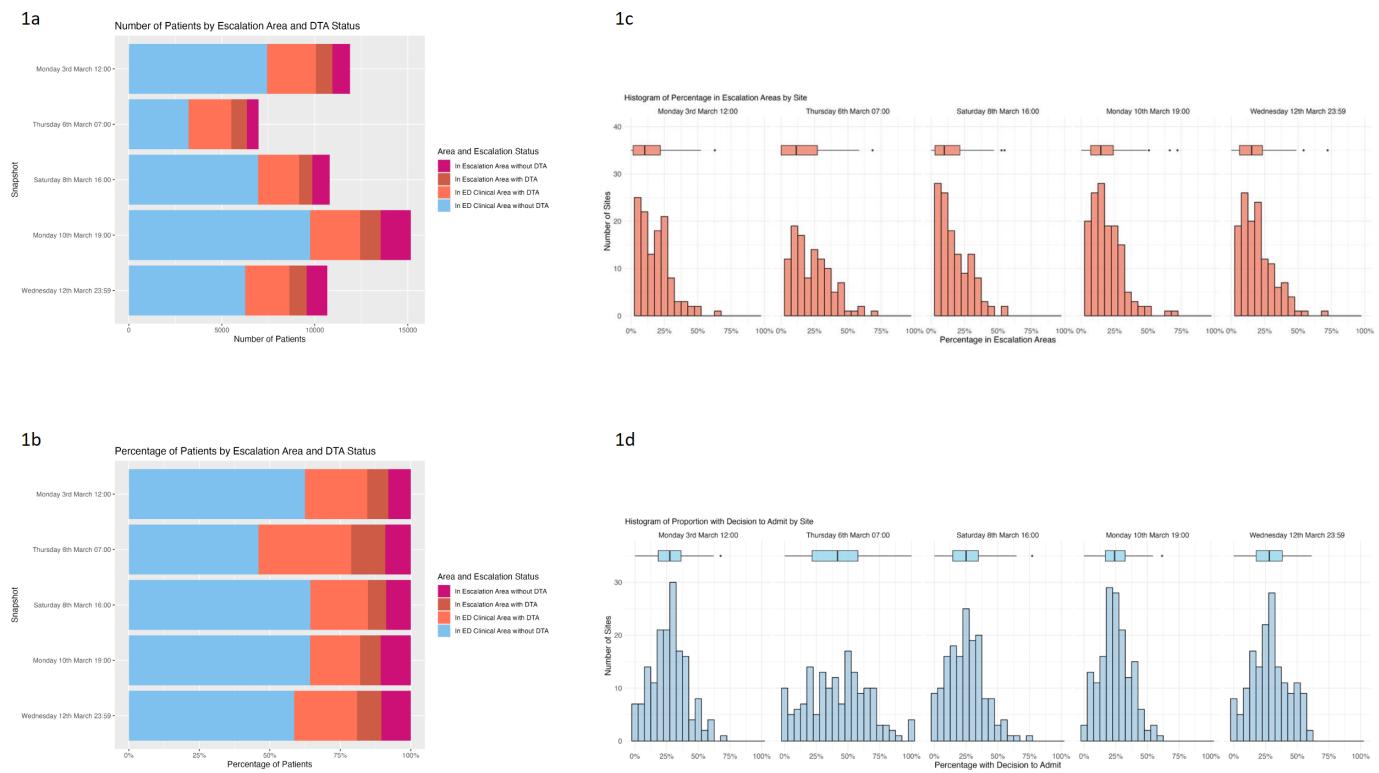


Figure 1 (a) Stacked bar chart showing the number of patients at each snapshot in escalation areas and awaiting an inpatient bed. (b) Stacked bar chart showing the proportion of patients at each snapshot in escalation areas and awaiting an inpatient bed. (c) Histogram showing the percentage of patients at each snapshot in escalation areas. (d) Histogram showing the percentage of patients at each snapshot awaiting an inpatient bed.

patients present in the participating EDs (n=56 881). Across the five snapshots, the proportion of sites reporting patients in escalation areas ranged from 69.8% to 89.6% (n=113/162 to n=147/164) and the proportion of patients in escalation areas ranged from 15.5% to 21.1% (n=1866/12 051 to n=1486/7056) (table 2). The median proportion of patients in an escalation area per site was 10.3% (IQR 1.6–21.9%) at snapshot 1, 11.4% (IQR 0.0–27.2%) at snapshot 2, 9.8% (IQR 2.9–21.5%) at snapshot 3, 14.6% (IQR 7.0–24.0%) at snapshot 4 and 15.2% (IQR 6.2–23.3%) at snapshot 5 (see table 2 and figure 1).

Types of escalation area in use

The proportion of sites with patients in an ambulance queue >15 min after arrival across the five snapshots ranged from 8% to 34.1% (n=13/162 to n=54/164), representing 3.3% to 7.8% (n=49/1486 to n=227/2919) of patients in escalation areas (table 3).

The proportion of sites with patients in repurposed clinical escalation areas was 45.7% to 59.1% (n=74/162 to 97/164), representing 31.5% to 38.6% (n=537/1705 to n=573/1486) of patients in escalation areas (table 3); the proportion of sites with patients in non-clinical escalation areas was 50.6% to 72.6% (n=82/162 to n=119/164), representing 52.7% to 58.0% (n=783/1486 to n=989/1705) of patients in escalation areas (table 3); and the proportion of sites with patients in doubled-up cubicles was 9.9% to 13.4% (n=16/162 to n=22/164), representing 4.1% to 5.8% (n=121/2919 to n=99/1705) of patients in escalation areas (table 3).

Further details on the types of escalation areas in use are shown in online supplemental file 1.

Differences between snapshots

The highest number of total patients in the ED (n=15 933) was at snapshot 4 (Monday 10 March at 19:00) and the median percentage of patients in an escalation area for individual departments was highest (15.2%, IQR 6.2–23.3%) at snapshot 5 (Wednesday 12 March at 23:59). Overall, the highest escalation area use as a percentage of the total number of patients present in the ED was at snapshot 2 (Thursday 6 March at 07:00, 21.1%, n=1486/7056). At this snapshot, representing the end of the clinical night shift, more than one-fifth of all UK ED patients were being cared for in escalation areas, despite being the snapshot with the lowest total numbers in the ED (n=7056) (see table 2, figure 1, and online supplemental file 1).

Geographical region

The proportion of patients in escalation areas was consistently highest in Northern Ireland (31.8–38.8%, n=148/465 to 134/345) followed by Wales (21–32.5%, n=157/747 to 126/388), and was lowest in the Southwest of England (7.5–13.5%, n=74/987 to 153/1131). (see figure 2 and online supplemental file 1).

Adult and paediatric EDs

The total percentage of patients in escalation areas was higher in adult-only EDs (17.4–21.3%, n=497/2849 to 626/2934) and mixed adult and paediatric EDs (15.0–21.6%, n=1357/9023 to 1107/5121) compared with EDs that see only paediatric patients (1.6–6.7%, n=3/182 to 12/179) (see online supplemental file 1).

Trauma-receiving status

The total percentage of patients in escalation areas was higher in EDs within Local Emergency Hospitals without trauma

Table 3 Escalation area use by type

Characteristic	Snapshot				
	1: Monday 3 March 12:00	2: Thursday 6 March 07:00	3: Saturday 8 March 16:00	4: Monday 10 March 19:00	5: Wednesday 12 March 23:59
Ambulance queue					
Number of sites with patients in an ambulance queue (>15 min), n (%)	33/164 (20.1%)	13/162 (8.0%)	33/160 (20.6%)	56/164 (34.1%)	39/162 (24.1%)
Number of escalation area patients in an ambulance queue (>15 min), n (%)	108/1866 (5.8%)	49/1486 (3.3%)	80/1705 (4.7%)	227/2919 (7.8%)	142/2097 (6.8%)
Non-clinical escalation area					
Number of sites with patients in a non-clinical escalation area, n (%)	99/164 (60.4%)	82/162 (50.6%)	104/160 (65%)	119/164 (72.6%)	108/162 (66.7%)
Number of escalation area patients in a non-clinical area, n (%)	1019/1866 (54.6%)	783/1486 (52.7%)	989/1705 (58.0%)	1644/2919 (56.3%)	1119/2097 (53.4%)
Repurposed clinical area					
Number of sites with patients in a repurposed clinical escalation area, n (%)	80/164 (48.8%)	74/162 (45.7%)	75/160 (46.9%)	97/164 (59.1%)	85/162 (52.5%)
Number of escalation area patients in a repurposed clinical area, n (%)	641/1866 (34.4%)	573/1486 (38.6%)	537/1705 (31.5%)	937/2919 (32.1%)	743/2097 (35.4%)
Doubled-up cubicles					
Number of sites with patients in doubled-up cubicles, n (%)	19/164 (11.6%)	16/162 (9.9%)	17/160 (10.6%)	22/164 (13.4%)	17/162 (10.5%)
Number of escalation area patients in doubled-up cubicles, n (%)	98/1866 (5.3%)	81/1486 (5.5%)	99/1705 (5.8%)	121/2919 (4.1%)	93/2097 (4.4%)

designation (16.6–24.5%, n=309/1861 to 287/1171) and Trauma Units (15.2–22.3%, n=1064/7022 to 961/4314) compared with Major Trauma Centres (13.4–19.3%, n=336/2511 to 643/3338) (see online supplemental file 1).

Department occupancy and resuscitation capacity

The percentage of sites reporting no available resuscitation cubicles across snapshots ranged from 10.5% to 26.2% (n=17/162 to n=43/164) (table 2). In terms of occupancy, across all EDs the median number of patients per cubicle ranged across snapshots from 1.0 (IQR 0.7–1.4) to 2.4 (IQR 1.8–3.1) (table 2).

Patients awaiting an inpatient bed

The total percentage of patients awaiting an inpatient bed across the snapshots was 25.0–44.4% (n=3837/15 345 to 3135/7056). This percentage was highest during snapshot 2, at the end of the clinical night shift (see table 2 and figure 1).

Paediatric patients and patients with a mental health presentation

Both paediatric patients and patients with a mental health presentation were being cared for in escalation areas across all five snapshots. Among the EDs that see paediatric patients, 4.8–23.0% (n=6/124 to 29/126) reported paediatric patients in escalation areas. The proportion of EDs with patients with a mental health presentation in escalation areas was 25.9–35.4% (n=42/162 to 58/164) (see table 4).

DISCUSSION

A total of 10 052 patients (17.7% of all patients) present in UK type 1 EDs across the five snapshots were receiving care in escalation areas. Of these, the majority were in non-clinical areas such as corridors. The point prevalence of patients in escalation areas was highest in Northern Ireland and lower in paediatric-only EDs and Major Trauma Centres. Despite national guidance, both paediatric patients and patients with mental health

presentations were found to be receiving care in escalation areas across all snapshots.

The number of patients in UK EDs waiting for an inpatient bed consistently exceeded the number of patients being cared for in escalation areas. The proportion of sites without any immediate resuscitation cubicle capacity ranged from 10.5% to 26.2%, representing a significant patient safety issue and particularly concerning given the previously identified association between ED crowding and cardiac arrest within the ED.¹⁹

Findings in context

Escalation area care within the ED results in compromised patient safety, staff demoralisation and a loss of dignity for patients.¹⁰ Studies in the USA report ED patients experiencing escalation areas (known as ‘boarders’ in the USA) are less satisfied with the care they receive and prefer boarding in inpatient areas.^{20 21} A study of patient experience within a crowded UK ED described themes of uncertainty, helplessness and discomfort.²² Care in escalation areas has been suggested as a causative factor in the association between delay to admission and increased mortality.¹¹

The 2025 NHS England Urgent and Emergency Care Plan recognises that corridor care is unacceptable for patients and staff.²³ The plan to routinely publish corridor care data should be welcomed, but, due to the lack of a consistent definition of an escalation area and the potential challenges in collecting such data, the data collection methods should be designed in conjunction with emergency care staff and transparently published. Beyond corridors, the use of other escalation areas should also be considered as a key metric of ED capacity due to the impact of their use on patient care and department operational effectiveness. The plan aims to make ‘progress on eliminating corridor care’, including via initiatives to reduce ED attendances and improve flow. Our data support the hypothesis that ED escalation area care is principally a result of poor flow out of the ED. Focus on flow should be a priority for policy makers, hospital

Percentage of Patients in Escalation Area

Median of All Snapshots

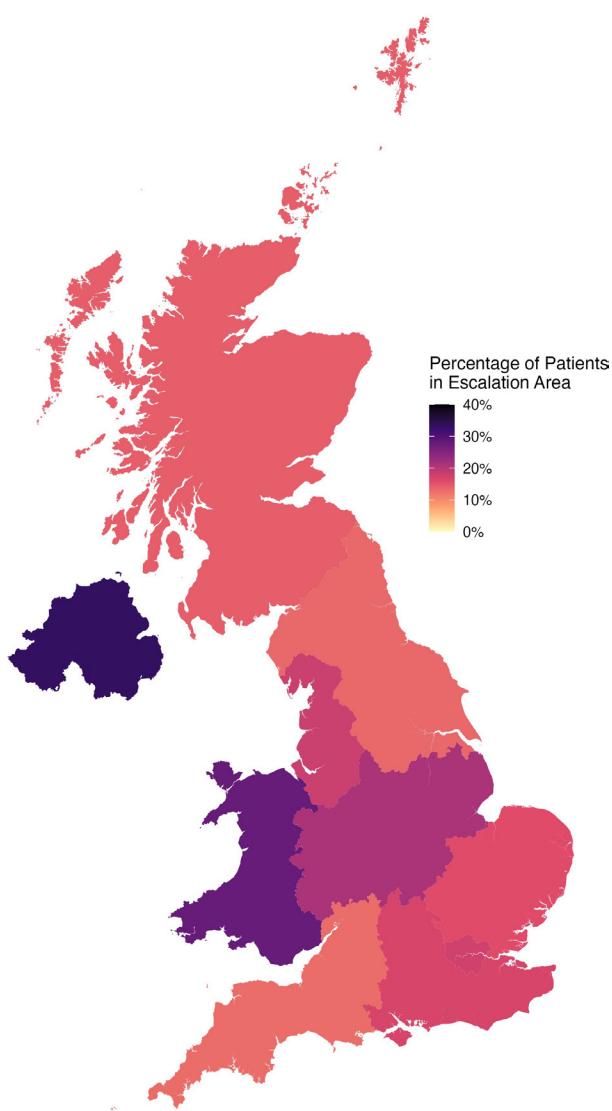


Figure 2 Heatmap showing the median percentage of patients in escalation areas across all snapshots by region.

executives and clinical leaders while considering system-wide risk.

Escalation area care has been suggested as a potential explanatory factor in the observed relationship between long waits for an inpatient bed and increased mortality.¹¹ Given how routine and widespread the use of escalation areas was seen to be in this study, further research to understand whether this is the case would be of great interest to emergency care providers and

members of the public. Equally, research that explores effective measures to reduce crowding and the use of escalation areas, such as continuous flow models and other full capacity protocols, will be of interest.²

The development of a universally applicable definition of an escalation area, via methodology such as a Delphi study, would help to ensure a consistently applied definition in future research and routinely reported data.

We encourage policy makers to ensure that routinely reported data capture the full picture of escalation area care delivered in over-capacity EDs and to consider how strategic development aims for the healthcare system as a whole can address the issue.

Strengths and limitations

Due to the strength of the TERN model, this study involved a high proportion of UK EDs with representation from all four UK nations. Data completion was high across the snapshots; the lowest percentage of sites completing data entry at any one snapshot was 98.2% (161/164). Data were prospectively collected at snapshots within and outside of normal working hours. The results are highly representative of real-world UK ED conditions, and routinely reported performance metrics for March 2025 are consistent with those reported across recent years.¹⁶

The snapshot design was used to ensure feasibility and has been used to describe the prevalence of frailty across European EDs and crowding.^{24–26} There is large variation in individual hospitals' procedures for addressing crowding and no universally applied definition for ED escalation areas. The study team assisted sites in identifying and assigning their escalation areas into the four study categories prior to data collection.

As point prevalence is reported here, there may have been patients present in the ED and not in an escalation area during the snapshots who experienced escalation area care at another point in their ED stay. The proportion of patients who experience escalation area care at any point during their presentation is therefore likely to be higher.

Our study does not account for patients in a legitimate ED cubicle space that would be in a higher acuity area if space were available—for example, a patient in a majors cubicle who needs a resuscitation space. To maintain feasibility and minimise subjective decision-making by research teams, patients in the waiting room were only defined as being in an escalation area if there was easily observable and objective evidence that they should be cared for in an ED cubicle. This conservative approach means our study is likely to have underestimated the true prevalence of patients being cared for in escalation areas.²²

CONCLUSION

National guidance from NHS England states that escalation area use is not acceptable; this study demonstrates that it is widespread and routine. The same guidance states that children and those with mental health problems should never experience

Table 4 Paediatric patients* and patients with a mental health presentation

Characteristic	Snapshot				
	1: Monday 3 March 12:00	2: Thursday 6 March 07:00	3: Saturday 8 March 16:00	4: Monday 10 March 19:00	5: Wednesday 12 March 23:59
Number of sites with paediatric patients in escalation areas, n (%)	10/127 (7.9%)	6/124 (4.8%)	15/125 (12.0%)	29/126 (23.0%)	16/124 (12.9%)
Number of sites with mental health presentations in escalation areas, n (%)	48/164 (29.3%)	42/162 (25.9%)	42/160 (26.2%)	58/164 (35.4%)	44/162 (27.2%)

* Adult-only emergency departments not included in the denominator.

escalation area care; this study demonstrates that this is occurring regularly. Although system-wide risk must be considered with any intervention to address ED flow, admitting patients awaiting an inpatient bed from the ED would largely solve the escalation area care problem within the ED. Healthcare policy makers must address this issue or openly accept escalation area care and its associated harms as a standard experience in UK emergency care.

Correction notice Since this paper first published the author name was relisted as Trainee Emergency Research Network (TERN). The collaborator list was also updated.

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